



# THE SPA

*At Christmas Pie*

## MASSAGE

### **Full Body £70**

*Indulge in 60 minutes of deep tissue or relaxing massage.*

### **Back, neck & shoulders £35**

*The most common areas of tension need this 30 minute treatment.*

### **Hot Stone £40**

*Ease muscles & tension with a 30 minute hot stone massage.*

### **Pregnancy £70**

*60 minutes of pure relaxation for mum & baby! (from the 3rd trimester onwards).*

### **Indian head £40**

*Immerse yourself in this 30 minute holistic treatment which relaxes & energises the body & mind.*

## FACIALS

### **Temple Spa Express £40**

*A deluxe 30 minute treatment to deeply cleanse & nourish the skin.*

### **Temple Spa Gold Truffle £65**

*The ultimate anti ageing facial. This 60 minute treatment plumps, firms & refreshes the skin giving an instant radiant glow.*





CHRISTMAS PIE  
BARNs

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## NAILS

### **Gel Manicure £40**

*Nail & cuticle prep followed by long lasting high shine gel polish from The Gel Bottle Inc.*

### **Polish Manicure £35**

*As above with OPI/Peacci polish*

### **Gel Pedicure £45**

*Foot soak, exfoliation, nail & cuticle care followed by Gel polish application.*

### **Polish Pedicure £40**

*As above with polish application.*

